



Kiwaniis®

CAPITAL CITY KIWANIS CLUB

1st Place, Club Bulletin 2012-2013

Wilbur Gold Bulletin Effectiveness Award

Distinguished Club 2012-2013

Golden Corral, Noon on Monday

1630 North Monroe Street

Tallahassee, Florida 32303

Tales for Tots



Photo Credit: Janet Morgan

CCKC members read to students at Betton Hills Preparatory Preschool. On November 25th, **Mickey Moore**, read and also did a show & tell with his marathon medals.

Recent Speakers

November 17th – Pam Banks, Program Manager, Healthy Families Gadsden/Leon

Ms. Banks began her talk by noting that CCKC and Healthy Families Florida (HFF) share a mutual commitment to healthy child development, and she thanked the club for its donations of diapers and pack n plays. In 2012-2013, nearly 50,000 Florida children suffered from abuse or neglect, and half of those were under the age of 5. HFF is a voluntary, evidence-based home visiting program to prevent child abuse. Safe sleep is also a focus of HFF – the safest place for babies to sleep is alone, on their backs, in a crib, bassinet or Pack n Play. Family Support Workers teach parents how to create a safe place for their baby to sleep. 30% of low-income families lack an adequate supply of diapers and 8% resort to reusing soiled diapers, both of which has significant physical consequences for babies. HFF is proven to prevent child abuse and neglect in 98% of high-risk families served. HFF staff see first-hand the impact of donated diapers on relieving parenting stress and improving childhood outcomes.



November 24th – Anita Odom, & Jean Gibson, Ounce of Prevention Fund of Florida

Since Ms. Odom last came to speak 3 years ago, the outreach network of the Ounce of Prevention Fund (Ounce) has expanded, due to the work of Jean Gibson. The Ounce wants to work with the Kiwanis family to raise awareness of child abuse and neglect and prevent it before it even begins. We all need to ensure that children are raised in a safe, protective, nurturing environment. The pinwheel symbolizes movement – movement to prevent child abuse, and April is Child Abuse Prevention Month. A majority of the pinwheels are sent to social service agencies and schools. One idea to raise awareness is to plant a pinwheel garden. Each pinwheel planted is a positive symbol and doesn't represent negative statistics of numbers of children abused and neglected. In 2013, 48,000 pinwheels were distributed (40,000 for social service agencies and schools & 8,000 were sold). The Ounce also sponsors support groups called Circle of Parents. Each new group gets \$100 for start-up costs, generated from pinwheel sales. The Ounce also distributes pinwheel lapel pins to Florida legislators.



President's Insights

Young Adults Priority Too!

At the ECHO Feed the Hungry event on September 7th, **Jack Levine** shared with me a stunning experience. One of the foster kids he addressed at an event before they "aged out" of the system was among those being served a hot meal – homeless, jobless, future-less. Recognizing Jack, she asked for referrals to help her get on her feet and back on track with her life. Jack was taken aback (and did follow-through with a referral), but his concern was contagious, because I came down with a bad case of anxiousness, too. What can we do to help the young adults who are suddenly on their own with no family or programs to support their transition to adulthood?



We have our Key Clubs and CKI, but the SLPs are almost exclusively for young people with an intact social network. Their social network usually includes a loving parent (or two) providing guidance and support as they wrestle with the gamut of life choices. I hesitate to think how I would have managed without my parents to offer advice and assistance as I found my way through school, career and relationship life choices.

How is a person who was a "child" yesterday in the Florida foster care system and today is a legal "adult" supposed to navigate in a world with little regard for their life history or circumstances? I asked **Emma Huddleston**, who was also working the event, what services she knew might be available. How could CCKC help with support for this entire class of emerging citizens, presumably soon to be new parents themselves? We think it's important to come up with a plan to address this critical need.

I need a volunteer or two to help create a service plan that we can "foster" among other Kiwanians and our other community partners. I have no illusions we few in CCKC can reshape the post-Foster Care system single handedly. But we should be able to elevate the issue for discussions, at least, and find some way to fill a gap in services that will make a difference as we so often do. We have a Key Committee for Young Children Priority One for children newborn to age 5. Perhaps we should add another committee for **Young Adults Priority Too**.

Woody Price

Giving Tuesday

From the Kiwanis International Foundation's Facebook page:

Give back.
#GIVINGTUESDAY™
December 2, 2014



On Tuesday, December 2, people around the world will come together for one common purpose: to celebrate generosity. It's the third annual Giving Tuesday. On that day, people will make gifts that benefit good causes and people in need.

The Kiwanis International Foundation is proud to participate—joining charities, families, businesses, community centers, and students. Giving Tuesday gifts to our foundation will go to the Kiwanis Children's Fund, which supports grants to Kiwanis clubs, districts and district foundations—and grants to Kiwanis' Service Leadership programs, like CKI Leadership Academy.

Our fundraising goal for Giving Tuesday this year is \$30,000. That's the equivalent of 30 Hixson Fellowships—simply one from each Kiwanis district. Your gifts to the Kiwanis Children's Fund will support many Kiwanis-family programs, like CKI Leadership Academy and its development of emerging Kiwanis leaders.

Mark your calendar, tell your friends, and get ready to give! Support the Kiwanis International Foundation—and the Kiwanis Children's Fund—on December 2.

Did You Now?

CCKC has had 56 presidents since 1959; 21 past presidents are current members.

Pack n Play Press Conference

At a press conference on November 17th at the Early Learning Coalition of the Big Bend, CCKC and Betton Hills Preparatory School presented \$2,000 in checks to Healthy Families Florida to purchase Pack n Play portable cribs in support of the Florida Department of Children and Families' Safe Sleep Campaign. These cribs provide a safe sleeping environment to prevent tragic deaths. According to DCF, in 2014, 59 child deaths are related to unsafe sleep practices.



Kiwanians at the press conference L-R: **Jim Ledbetter**, Brehon Institute's Jackie Malone (Bradfordville Club), **Jennifer Ohlsen**, **Carol McNally**, **Woody Price**, and **Janet Morgan**

From the press release: President Woody Price said, "As part of our partnership with Healthy Families, the Capital City Kiwanis Club has raised \$1,600 for two consecutive years to purchase Pack 'n Plays for families who don't have a safe place for their infants to sleep. We felt compelled to get involved because accidental suffocation and strangulation in bed is the leading cause of infant deaths in Florida."

Go to <http://www.wctv.tv/home/headlines/2000-to-Help-Local-Babies-Sleep-Safely-282982981.html> to see video from the press conference and to read the press release.



CCKC President **Woody Price** (left) and Betton Hills Preparatory School Pre-School Director **Janet Morgan** (right) present the checks to Healthy Families Florida Executive Director **Carol McNally**



The star of the show, Summer, with mom, Sara.

Turkey Trot



Rickards Key Club came out in force to volunteer at the Turkey Trot in Southwood on Thanksgiving Day.

Tallahassee Interclub



Woody Price, Jennifer Ohlsen, Carol McNally, Tom Duggar at an interclub with the Tallahassee Club at Capital City Country Club on 11/18/14.



Lt. Governor Steve Sullivan donates his winnings from his home club's 50/50 to CCKC's diaper drive with Carol McNally!

FSU Football Parking

Prior to the FSU vs. Boston College football game on November 22nd, CCKC teamed up with members of the Bradfordville, Killlearn, Southside, Tallahassee, and Virtual Kiwanis Clubs to park 172 cars, in a joint fundraiser with the Southern Scholarship Foundation. Pictured above L-R: **Tom Morgan, Janet Morgan, and Jim Ledbetter.**



Builders Club MNT Update

The Raa Builders Club has raised \$1,250 for the Eliminate Project from April-September, which ranks it in the top 10 of all the Builders Club in the Kiwanis Family!

Faculty Advisor Jan Bennitt shared a story about a big Kiwanis heart:

"A student made a donation in her math class today. She said it was money she received for her birthday and this was her decision about how she wanted to spend it. The teacher called home to confirm with the parent that this was with her knowledge. It was and she supported her daughter's choice. The donation was \$143.00."



Happy Bucks!

Happy Bucks – November 17th

Nathan Dollar is happy...for the awesome job at Roadside Cleanup and the Ramp Build AND for his Arkansas Razorbacks winning their first SEC game in 2 years.

Ellye Rosenberg is happy...the wet stuff coming down outside is not snow.

Tom Morgan is happy...for the impressive array of events over the last 2 weeks in the newsletter and the newsletter capturing those events.

Jennifer Ohlsen is \$5 happy...she met Lola and Eli - always glad to have guests AND to spend Saturday morning with the youth of Lincoln and SAIL and a student who was a former Rickards student who still wanted to come out to help AND her son Jake played in the varsity soccer game and did not get hurt.

Ev Anderson is happy...the Noles pulled out a tight game against Miami and back at #1 where they belong.

Carol McNally is happy...to thank Woody Price and CCKC for the Pack N Play press conference AND to thank Janet Morgan who became a new Pack N Play partner and donor AND thanks for the diaper drive.

Fred Williams is happy...for all the folks who showed up for the Ramp Build, especially for Dwight Davis who showed up 40 miles away.

Woody Price is \$5 happy...to see Cleve White AND for doing the press conference and the club giving him that responsibility.

Jim Wylie is \$5 happy...for the good turn out at Faith's home (a card was sent around to sign) and to pass around a condolence card for Carol Reynolds (Eddie Lee's widow) AND to pass out Christmas Party invitations.

Happy Bucks – November 24th

Nathan Dollar is happy...when the week is finally over after Best Buy's Black Friday sales.

Tony Shah is happy...to be back and to have a new manager in the place so he can leave.

Howard Pardue is happy...on a day like today, he gets to use his fish umbrella.

Jim Wylie is \$5 happy...1 dollar for each eye which he had operated on AND Keith and the Ounce of Pre-vention folks are here AND for No Shave November.

Janet Morgan is happy...for Howard's umbrella AND to see her Ounce of Prevention friends here.

Dwight Davis is happy...he went to a play in Apalachicola over the weekend, and heard a funny line. There are 3 rings in marriage: engagement ring, wedding ring, and suffering.

Janet Morgan is also happy...to thank Jim Wylie for entertaining the students at Tales for Tots and for Mr. David (Johnson) reading. It has been a great year for Tales for Tots.

Woody Price is \$5 happy...for Nathan Dollar being greeter for 2 months in a row AND for FSU football parking AND for Raa Middle School's efforts in the Eliminate Project. Raa ranks in the top 10 of Builders Clubs worldwide in the amount of money raised - over \$1,250!

Kiwanis Across the Country

Deming, New Mexico

Deming Kiwanis are only nine members strong, but manage to make a difference in the community.

One of Santa's first official stops in Deming will be at the annual Kiwanis Christmas Light Parade. Santa will ride in the parade Saturday and meet with children at the Luna County Courthouse Park, where he will hand out goody bags.



The parade averages 20 to 25 entries, and Lois Tharp, Kiwanis President and parade coordinator, is expecting a rush this week at her shop. "We have 300 bags of candy, mixed with a popcorn ball and two small toys," Tharp said. "We will have Santa and the bags in the park's pavilion." There will also be hot chocolate with candy sprinkles available.

New Orleans, Louisiana

The Kiwanis Club of Northshore Mandeville will host its 22nd annual Pancake Breakfast with Santa on Dec. 6 in a new location at the Fontainebleau High School Cafeteria, to serve more people and have more spaces for parking.



"This is the activity where we give back to the community for their support of our club activities throughout the year," said Cliff Giffin, who is serving as chairman for the second year, along with Peter Barsczeski. "Proceeds are used to fund our youth service projects and provide monetary donations to other non-profits in the community. The popularity of this event has led to the relocation to a larger facility at Fontainebleau High School Cafeteria. We invite families to make this a part of their holiday traditions."

Area Key Club and Builder's Club members will assist at the breakfast. There will be a children's entertainment area that includes Christmas activity coloring sheets, a reading corner and crafts for making holiday ornaments, such as Santa, a snowman and a stocking. There also will be an inflatable and a fire engine from Station 42 will be on display.

Kiwanis Objects

The six permanent Objects of Kiwanis International were approved by Kiwanis club delegates at the 1924 International Convention in Denver, Colorado. Through the decades, they have remained unchanged.

- * To give primacy to the human and spiritual rather than to the material values of life.
- * To encourage the daily living of the Golden Rule in all human relationships.
- * To promote the adoption and the application of higher social, business, and professional standards.
- * To develop, by precept and example, a more intelligent, aggressive, and serviceable citizenship.
- * To provide, through Kiwanis clubs, a practical means to form enduring friendships, to render altruistic service, and to build better communities.
- * To cooperate in creating and maintaining that sound public opinion and high idealism which make possible the increase of righteousness, justice, patriotism, and goodwill.

Zeller, Hixson, & Davis Fellows

CCKC is proud to recognize its members' support of the Kiwanis International & Florida Kiwanis Foundations.

Donors who give \$1,250 to The Eliminate Project—a global initiative to eliminate maternal and neonatal tetanus – become Walter Zeller Fellows, named in honor of the first donor to the Kiwanis International Foundation.

<i>Ev Anderson</i>	<i>John Ryan</i>
<i>Jim Davis</i>	<i>Hilmar Skagfield</i>
<i>Howard Eisenman</i>	<i>Larry Spalding *</i>
<i>Bob Henderson</i>	<i>Donna Wells *</i>
<i>Ed Joyce</i>	<i>Marcia Waller</i>
<i>Jim Ledbetter</i>	<i>Jim Wylie</i>
<i>Bill Rogers</i>	



Donors who give \$1,000 to the Kiwanis International Foundation become George F. Hixson Fellows, named in honor of the first Kiwanis International president.

<i>Bob Henderson *</i>	<i>Bill Rogers</i>
<i>Tom Duggar</i>	<i>Hilmar Skagfield</i>
<i>Howard Eisenman</i>	<i>Larry Spalding</i>
<i>Ed Joyce</i>	<i>Donna Wells *</i>
<i>Howard Pardue</i>	<i>Jim Wylie *</i>



Donors who give \$1,000 to the Florida Kiwanis Foundation become Ralph Davis Fellows, named in honor of the first Florida Kiwanis Foundation president.

<i>Howard Eisenman</i>
<i>Bob Henderson</i>
<i>Bill Rogers</i>
<i>Larry Spalding</i>
<i>Jim Wylie</i>



*Diamond-level (additional \$1,000/\$1,250 donated)

CCKC Current Projects

Service Projects:

1. **Roadside Clean-up/Highway Beautification:** Quarterly, the club goes out for about 2 hours on a weekend to pick up trash along a dedicated one-mile stretch of Richview Road.
2. **Handicap Ramp Building:** At the request of and in collaboration with Ability First, the club constructs ramps for disabled or senior clients with limited access to their house.
3. **Miracle League:** CCKC, with other Division 3 clubs, Florida Disabled Outdoors Association, local government agencies, business and private organizations and individuals, supports a special athletic field and activities for children and adults with limited abilities.
4. **Pop-Top Tabs/Toiletries:** Beverage can pop-tops and hotel freebies are collected and donated to Ronald McDonald House to help support traveling families of seriously ill or injured children.
5. **Meals-on-Wheels:** Each week a club member(s) delivers meals from Elder Care Services to about 10 clients on Route G5.
6. **ECHO Food Drives and Feed-the-Hungry:** Members donate food products for ECHO and once a quarter members provide meal service to the homeless on weekends at First Presbyterian Church.
7. **Bethany Apartments Support:** CCKC supports children of homeless families in temporary housing at Bethany Apartments through rent assistance.
9. **Kids School Dictionaries:** The club annually provides dictionaries to all 3d graders at Ruediger, Pineview, Chaires, and Woodville Elementary Schools.
10. **Ruediger Elementary Terrific Kids Program:** CCKC sponsors recognition and mentoring of outstanding pupils ages 6-11.
11. **Kids Voting:** During general elections, CCKC mans a booth at a selected precinct to help educate kids on the election process.
12. **SSF Support:** The club partners with the Southern Scholarship Foundation (SSF) to raise funds through FSU Football Parking and provides financial support for SSF's mission to provide rent-free housing to qualified students.
13. **Ralph Davis Kiwanis House:** CCKC, with other Kiwanis clubs, stocks food shelves in January and cleans/maintains this Southern Scholarship House in September.
14. **Diaper Drive:** In January and June, CCKC donates diapers to Healthy Start for kids ages infant to 5 years.
15. **Soldier Care Packages:** CCKC sends packages/backpacks with personal care items to deployed US combat troops.
16. **Turn About:** CCKC members serve on the board of this private non-profit, family-centered agency providing Child Victim Rapid Response for children who are victims and/or witnesses to violence, and for drug/alcohol rehab for youth and adolescents.
17. **Toy Donations at TMH Pediatric Unit:** CCKC's Kiwanis One Day Project buys and delivers toys to children receiving treatment at Tallahassee Memorial Hospital's Pediatric Unit.
18. **Big Bend Hospice Tree of Remembrance:** Members staff the tree for a day, and shoppers donate to purchase an ornament to place on the tree in memory or in honor of a deceased loved one.
19. **Lifeline:** Members volunteer through Tallahassee Memorial HealthCare Lifeline Services program to install a button-activated emergency services summoning device so those who live alone or have restricted mobility can feel secure in knowing they can summon help when needed.
20. **Apples for Teachers:** CCKC and Kiwanis Kids recognize teachers and staff at Ruediger Elementary for their service with apples once a year.

21. **Tales for Tots:** CCKC donates new and "gently loved" books to kids, infants to 5 years old, volunteers to read the books to them, and then gives them the books to keep in order to encourage them to read.

22. **Service Leadership Programs:** CCKC sponsors Kiwanis Kids at Ruediger Elementary School, Builders Club at Raa Middle School, and Key Club at Lincoln and Rickards High Schools.

23. **ReadingPals:** CCKC members volunteer to read one-on-one, for one hour a week, with a student in kindergarten, 1st, or 2nd grade at a Title One school to inspire and help them to read on grade level when they reach 3rd grade.

24. **Guardian ad Litem:** Club members volunteer their time in this partnership of community advocates and professional staff providing a powerful voice on behalf of Florida's abused and neglected children.

25. **Immunization Coalition:** This partnership of health agencies in Leon and Gadsden Counties, Leon County Schools, and Kiwanis Clubs promotes infant and back-to-school immunizations and flu shots.

26. **Elder Day Stay:** Club members donate items to be used for Bingo prizes at Elder Care Services' Elder Day Stay – a facility that allows a "home away from home" environment with safe, social interaction for seniors.

27. **Veterans Transport:** Club members, through The Disabled American Veterans and Department of Veterans Affairs, volunteer to drive veterans to Lake City and Gainesville VA Clinics for treatment that is not available in Tallahassee.

28. **Dictionaries & Thesauruses:** The club annually provides dictionaries to all 3rd graders at Ruediger, Pineview, Chaires, and Woodville Elementary Schools and thesauruses to students at Raa and Woodville Middle Schools.

Fund-raising Projects:

1. **Football Parking:** Members park cars at the Southern Scholarship Foundation (SSF) parking lot on Stadium Drive during home FSU football games. CCKC splits the proceeds with 70% going to SSF to help provide college scholarships and a portion of the remaining 30% to CCKC to support club projects.

2. **Gourmet Nut Sale:** An annual fund-raiser in which CCKC members sell Gourmet Virginia nuts in a variety of sizes and types of nuts (e.g. peanuts, cashews, chocolate-covered) during Nov-Dec to support club projects.

3. **Pancake Breakfast:** CCKC volunteers cook eggs and pancakes at a local restaurant for breakfast for a modest fee in the first quarter of the year.

4. **Alternative Christmas Market:** An annual fund-raiser in early December in which the club mans a booth at Christ Presbyterian Church providing shoppers with items supporting a selected club project, such as the Miracle League, from which they can choose to purchase as donations.

6. **Firecracker 5K Race:** CCKC is continuing the 30-year history of this Kiwanis race, started by the Greensboro Kiwanis Club and always held on the 4th of July. The event also includes a 1 mile fun run/walk.

7. **VIP Pavilion:** Members will serve beer and wine to the VIPs and the general public during the Saturday in the Park Concert Series at Ponce de Leon Park on the first Saturday of the month from April to August.

8. **Bunco:** A fundraiser involving the social dice game for groups of 12-16 players.

Service & Fundraising Information

Pop Top Tabs and Hotel Freebies

Place pop top can tabs and any hotel freebies in the container in the storage cabinet for distribution to Ronald McDonald House. POC: Fred Williams

Meals on Wheels Roster – ROUTE G5

Please place the date of service on your calendars. If for some reason you find that you are unable to deliver the route, try to arrange a swap with another club member.

Please be at Elder Care Services, 2518 W. Tennessee St., by no later than 11:00 on your assigned date. Earlier is better! Remember we have to deliver the meals no later than 12:30 to meet Federal guidelines. Call 245-5932 if you have a conflict. For those of you who are new members, please see Fred Williams for information concerning the meals route. Thanks!

December 3rd – Carol McNally

December 10th – Tony Shah

December 17th – Mike Stephens

December 24th – Howard Pardue

Tales for Tots

Members volunteer to read to students at Betton Hills Preparatory School. See Janet Morgan to volunteer!

December 1st-5th – Matt Guse

December 9th – Amber Tynan

January 6th – Ev Anderson

January 20th-23rd – Connie Gaede

Social & Fundraiser

December 1st @ 7:00 PM

4th Quarter Bar & Grille

2033 North Monroe Street

Tallahassee, FL 32303

10% of proceeds go to the club

Big Bend Hospice Tree of Remembrance

December 5th @ 9:45 AM - 9:15 PM

Governor's Square Mall

Christmas Party & Auction

December 6th @ 6:00 PM

Bring a wrapped gift (minimum \$25) with a riddle about its contents.

Proceeds benefit the CCKC Foundation.

5359 Pembridge Place

Tallahassee, FL 32309

RSVP ASAP to Jim Wylie

Alternative Christmas Market

December 12th @ 6:00 - 9:00 PM

December 13th @ 8:00 AM - 1:00 PM

Christ Presbyterian Church

2317 Bannerman Road

Tallahassee, FL 32312

Santa Calls

December 16th @ 6:00 - 8:30 PM

Tallahassee Parks & Recreation Offices

1201 Myers Park Drive

Tallahassee, FL 32301

Board of Director Meetings

CCKC Board of Directors last met on November 3rd. The next meeting is December 1st. The board meets on the first Monday of every month at 5:30 pm at the office of Margaret Lynn Duggar 1018 Thomasville Road. Meeting minutes are posted on the CCKC website. Members are encouraged to attend BOD Meetings. Meeting materials are posted on the CCKC website at www.Capitalcitykiwanisclub.com/info.html

Kiwanis International, District, Division, CCKC Leadership

2014-2015 CCKC Officers

President: Woody Price
President Elect: Amber Tynan
Vice President: Jim Davis
Past President: Bob Henderson
Secretary: Emma Huddleston
Treasurer: Joe Sanders

CCKC Board of Directors

2013-2015:
Don Lanham, Carol McNally, Jennifer Ohlsen
2014-2016:
Tom Morgan, Linda Smith

2014-2015 Division 3

Lt. Governor: Steve Sullivan (Tallahassee)
Lt. Governor-Elect: Jerome Wyche (Madison)
Past Lt. Governor: Heather Locke (Lake Jackson)
Secretary: Sam Kerce (Tallahassee)
Treasurer: Keith Roberts (Lake Jackson)
Florida Foundation Trustee: Jim Wylie (Killearn)

2014-2015 Florida District

Governor: Chuck Gugliuzza
Governor-Elect: Celia Earle
Past Governor: Matthew Cantrall
<http://www.floridakiwanis.com>

2014-2015 Kiwanis International

President: Dr. John Button
President Elect: Susan Petrisin
Past President: Gunter Gasser
<http://www.kiwanisone.org>

CCKC Datebook

Birthdays

Members are encouraged to give a gift equal to their age to the CCKC Foundation or service projects.

December 11th – Jim Ledbetter

Wedding Anniversary

December 6th – Mickey Moore
December 12th – Emma Huddleston

Membership Anniversary

December 13th – Joe Sanders (38 years)

Coming soon . . .

Weekly Greeter:

December – Nathan Dollar
January – Jim Wylie
February – Amber Tynan

Program Coordinator:

December – Amber Tynan,
CCKC Fundraising Projects
January – Howard Pardue
February – Bruce Gillander

Upcoming Speakers:

December 1st – Sara Blumenthal, Guardian Ad Litem

December 8th – Amber R. Tynan & Woody Price,
CCKC Fund Development Projects

December 15th – Ericka McKibbin,
Girls on the Run of the Big Bend



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