



Kiwaniis®

CAPITAL CITY KIWANIS CLUB

1st Place, Club Bulletin 2012-2013

Wilbur Gold Bulletin Effectiveness Award

Distinguished Club 2012-2013

Golden Corral, Noon on Monday

1630 North Monroe Street

Tallahassee, Florida 32303

Interclub with Killearn

CCKC had an interclub with the Killearn Club on October 23rd. The meeting speaker was Tallahassee Police Chief Michael DeLeo. Pictured below from L-R: **Woody Price, Dwight Davis, Joe Sanders** (with **Jim Ledbetter** on his shoulder), and **Jim Wylie**.



Recent Speakers

October 20th – Woody Price, “CCKC Service Project Satisfaction Survey”

President **Woody Price** passed around a survey to the members, hijacked the meeting to get club feedback on its service projects, and is looking for a 100% response rate. He is asking each member to note which project they would like to serve on and/or lead. He went through the newsletter and harvested the service project descriptions. In your decision, if you need to know budget numbers, contact Woody.



One member asked “Are project dollars benefitting children?” and suggested an annual report, putting faces to dollars, determining if expenditures are discretionary or targeted. Woody noted that the beneficiaries of CCKC dollars could come and speak at meetings, rather than just issue a report, and hearing how money would be put to administrative overhead, not just services to families. Woody then walked through the survey of projects, including Young Children: Priority One, Community Service, and Service Leadership Programs.

October 27th – Heather Locke, “Innovations in Service Leadership Programs”



The Builders Club has “Seeds of Service,” which starts with daily, random acts of kindness, and ties into a curriculum which Kiwanians can join in. Each Builders Club member will receive a packet of seeds they can use to build their community, with random acts of kindness becoming trees of belief.

Another project is “Project Happiness,” which focuses on a science-based curriculum to teach students to stop bullying each other. It focuses on good things and gives students tools to deal with bullying. SNAP (Special Needs Awareness Program) is the Key Club Governor’s project. Heather also touted the Miracle Sports program, noting that if you just go one time, you are sold! Also, SLP members will again be doing Trick or Treat for UNICEF on Halloween. To learn more about bullying-reduction education, go to <http://www.edutopia.org/blog/teaching-kindness-essential-reduce-bullying-lisa-currie>

Jim & Buster

The Rickards Key Club took possession of Buster, the mascot of Zone B, for October due to their spirit at the Division Council Meeting in September. Kiwanis Advisor **Jim Ledbetter** gets some quality time with Buster at the club meeting on 10/21/14.



Kids Voting

CCKC members will staff the Kids Voting table at Faith Presbyterian Church (2200 North Meridian Rd., 32303) on November 4th.

6:45-8:00 AM – Fred Williams
 8:00-9:00 AM – Jennifer Ohlsen
 2:00-3:00 PM – Jim Wylie
 3:00-4:00 PM – Amber Tynan
 4:00-5:00 PM – Heather Locke
 5:00-6:00 PM – Tom Morgan
 6:00-7:00 PM – Carol McNally
 7:00-7:30 PM – Janet Morgan



Did You Know?

In 1971, CCKC inducted the first African-American Kiwanians in Tallahassee, and in 1987, the first female Kiwanian in Tallahassee.

President's Insights

"Overpriced" for Safe Sleep? Not on a Baby's Life!

When my grandson was adopted over 8 years ago I was introduced by my daughter to a whole array of new baby technologies. One that seemed to me a little overpriced but hugely convenient was the Pack 'N Play portable crib.



Granddaddy and Grayson (age 23 months) on vacation at Mexico Beach

I was re-introduced to the Pack 'N Play last year by Carol McNally and Jennifer Ohlsen as the single most effective tool available for markedly reducing Sudden Unexplained Infant Death (SUID). In 2012, 15% of all infant deaths in Florida were attributed to SUIDs including babies who died from accidental suffocation and strangulation in unsafe sleep environments.

There is nothing more painful than to see a mother who has lost an infant that she tucked in with tenderness and love. It gets really personal at this level. The safest place a baby can sleep is in his or her own crib, bassinet, Pack 'N Play or cradle that is in the same room as the caregiver. Pack 'N Plays provide a safe place for a baby to sleep but are beyond the means of many families of low income. So CCKC has stepped in to help.

We have budgeted \$1,600 to provide to Healthy Families Gadsden/Leon with Pack 'N Plays and infant bedding to needy families, plus crucial training in safe sleep practices. This training will continue to help the community for generations to come as safe sleeping practices become part of the family culture.

At \$50 each, it's one of the most cost-effective means of preventing infant deaths. With our partnership with Healthy Families and the DCF's Safe Sleep Campaign, CCKC continues to lay the foundation for healthy child development and future success in support of our goals with the Kiwanis Young Child: Priority One initiative. Overpriced? Not on a baby's life!

Woody Price
CCKC President



**Florida
Disabled
Outdoors
Association**



Seminole Showdown



**Thursday, November 6
6:00 pm
The Miracle Field
at Messer Park**

Watch members of the Seminole baseball and softball teams play with the Miracle athletes! Listen to Seminole Sound! DJ provided by Randy Rust, Financial Advisor.

Food will be served by Kiwanis!

Donations gladly accepted.
Everyone is invited!!

www.fdoa.org/miracle-sports

Tales for Tots

CCKC members read to students at Betton Hills Preparatory Preschool. Directly below on October 27th, **Bill Rogers** poses with a group of students. On the bottom left, on October 23rd, **Carol McNally** has a very interested audience and on the bottom right on October 28th, **Bruce Gillander** has the kids involved in his tale.



Photo Credit: Janet Morgan

Key Club Costume Contest

The Rickards Key Club had a costume contest to benefit The Eliminate Project on October 31st. For a \$2 donation to the Eliminate Project, students could dress up in a costume for a chance to win a \$25 Best Buy gift card. Contestants were scored 1-5 in 3 categories: Originality, Props, and Presentation.



Before the judging, Vice President Shwetha Shetty showed an Eliminate Project video to the crowd.



The winner was "Mythbusted" (third from right, an experiment blows up on a scientist).

Pack n Play Press Conference

At a press conference on November 17th at 10:00 AM, CCKC will present a check in support of the Florida Department of Children and Families' Safe Sleep Campaign. Representatives from CCKC, DCF, Healthy Families Florida, and the Betton Hills Preparatory School will be attending. The press conference will be held at the Early Learning Coalition of the Big Bend (1940 North Monroe Street # 70, 32303)



Mid-Year Conference

From the Florida Kiwanis Facebook Page:

Share & Invite your fellow Kiwanis Members -Mark your calendars and get ready for a Kiwanis 100th Anniversary Celebration, Florida style!!! February 27-March 1, 2015.

Kiwanis International President Dr. John Button will be making a stop at our Midwinter Conference in Lake Mary, FL while on his worldwide Centennial Tour and it is an occasion that you will not want to miss!

- * Awards
- * Fellowship
- * Education
- * Kiwanis Family Service Project
- * Ribbon Cutting of the Centennial Playground



ELIMINATE

maternal/neonatal tetanus



**MNT is a
preventable
tragedy**



SSF-Kiwanis Celebration

Celebrating a Joint Partnership!

Since 2006, SSF & the local Kiwanis Clubs have worked collaboratively on a joint fundraiser, the FSU Game Day Parking Initiative. We are excited to announce that, since 2006, we have raised \$200,000!

Come out & celebrate with us Sunday, November 16th! Food & refreshments* will be provided.



Thank you!

**Where SSF Grounds
When: Nov 16th
Time: 2-5 pm**

Please R.S.V.P to Natalia Pena, at ssfpr@southern scholarship.org by November 12th.

*non alcoholic beverages will be served

Happy Bucks!

Happy Bucks – October 20th

Nathan Dollar is happy...that the bowling fundraiser went better than he expected - and made money! AND yesterday, he was at the Making Strides Against Breast Cancer with his Best Buy co-workers and did not go insane.

Carol McNally is \$5 happy...that Jennifer Ohlsen is succeeding her as Executive Director of Healthy Families Florida, as of January 1 AND for the continuing support of the diaper drive - since last meeting, they got over 900 diapers AND while she and Jennifer were in Costco buying diapers, the manager overheard them and donated 154 diapers, with 8 more boxes on the way! AND to congratulate Nathan Dollar on the bowling fundraiser.

Jan Bennitt is happy...the Builders Club is ready to start their Eliminate Fundraiser, which will run from October 29-November 5 - "Do a 180", which encourages students to donate multiples of \$1.80 (\$3.60, \$5.40, etc). Jan passed around lunch bags that will be distributed to every member for their donations.

Tom Morgan is happy...to congratulate Amber for organizing Oktoberfest AND last Wednesday, had a large oak tree went down in their yard, but the upper branches only touched the outside walls and roof and things are okay.

Howard Pardue is happy...to donate \$10 to Nathan Dollar's bowling fundraiser AND happy he could find \$10!

Jim Wylie is happy...for Janet & Tom Morgan and Emma Huddleston coming out for Football Parking, where for the second consecutive week, over \$5,000 was raised AND to deliver a pie and a card that was passed around to Ed Joyce (fruit pies are preferred - no egg) AND for the "double interclub" (i.e. 8 attendees from CCKC) at Elder Care Services' Oktoberfest.

Jennifer Ohlsen is happy...that Jan Bennitt is here, with our speaker focus on SLPs this month and Heather Locke coming next week AND to make a donation to the bowling fundraiser, although sad she could not make it.

Woody Price is \$10 happy...\$5 from Amber Tynan for the bowling tournament AND a \$5 donation for it

Mickey Moore is happy...Baby Shane started crawling and for the National Philanthropy Day Luncheon on 11/13 with Keynote Speaker Jack Levine.

Happy Bucks – October 27th

Steve Sullivan is happy...to be here on such a beautiful day.

Nathan Dollar is sad and happy...sad for Michigan losing, but happy for his birthday.

Connie Gaede is happy...everyone will vote yes on Amendment #1 to protect the environment AND she is going to visit her mom and family in Texas.

Howard Pardue is happy...Connie made her announcement, as Amendment 1 restores funding AND to have Trick or Treat for UNICEF canisters for Lincoln Key Club AND after 18 years and 3 children left home, the carpet replacement is halfway done, and there is 35 years' worth of debris under there.

Jennifer Ohlsen is happy...she is remodeling her home and to have a handy man who can do most of it himself (hopefully there is not a flood when she gets home, as he is doing the plumbing today) AND for the \$15 donated for diapers.

Fred Williams is happy...to already have people signed up for the Ramp Build on November 11th.

Heather Locke is happy...her dad is home and doing pretty well after heart surgery.

Janet Morgan is happy...the Early Learning Coalition had its Race 4 Readiness and Betton won a \$500 gift card AND the Office of Early Learning accepted her curriculum AND Bill Rogers (always a treasure) read to the students, explained his hearing aid and gave a little tutorial.

Jim Wylie is happy...to trade in \$153 in support for the Lt. Governor's travel fund in exchange for \$1 for this happy buck AND Governor Chuck Gugliuzza will be here on November 21st to charter the new Wakulla Kiwanis Club.

Dianna Van der Meer is happy...today is her grandson's birthday and, for the first time, said "Hi, Grandma."

Mark your calendars!

Non-4th of July Party:
Sunday, November 9th 2:00 PM

Wheelchair Ramp Build
Tuesday, November 11th 8:00 AM

Christmas Party & Auction:
Saturday, December 6th 6:00 PM

Icelandic Night:
Saturday, January 24th 6:00 PM



ELIMINATE
maternal/neonatal tetanus

 **Kiwanis** |  **unicef** 

Kiwanis Objects

The six permanent Objects of Kiwanis International were approved by Kiwanis club delegates at the 1924 International Convention in Denver, Colorado. Through the decades, they have remained unchanged.

- * To give primacy to the human and spiritual rather than to the material values of life.
- * To encourage the daily living of the Golden Rule in all human relationships.
- * To promote the adoption and the application of higher social, business, and professional standards.
- * To develop, by precept and example, a more intelligent, aggressive, and serviceable citizenship.
- * To provide, through Kiwanis clubs, a practical means to form enduring friendships, to render altruistic service, and to build better communities.
- * To cooperate in creating and maintaining that sound public opinion and high idealism which make possible the increase of righteousness, justice, patriotism, and goodwill.

Zeller, Hixson, & Davis Fellows

CCKC is proud to recognize its members' support of the Kiwanis International & Florida Kiwanis Foundations.

Donors who give \$1,250 to The Eliminate Project—a global initiative to eliminate maternal and neonatal tetanus – become Walter Zeller Fellows, named in honor of the first donor to the Kiwanis International Foundation.

<i>Ev Anderson</i>	<i>John Ryan</i>
<i>Jim Davis</i>	<i>Hilmar Skagfield</i>
<i>Howard Eisenman</i>	<i>Larry Spalding *</i>
<i>Bob Henderson</i>	<i>Donna Wells *</i>
<i>Ed Joyce</i>	<i>Marcia Waller</i>
<i>Jim Ledbetter</i>	<i>Jim Wylie</i>
<i>Bill Rogers</i>	



Donors who give \$1,000 to the Kiwanis International Foundation become George F. Hixson Fellows, named in honor of the first Kiwanis International president.

<i>Bob Henderson *</i>	<i>Bill Rogers</i>
<i>Tom Duggar</i>	<i>Hilmar Skagfield</i>
<i>Howard Eisenman</i>	<i>Larry Spalding</i>
<i>Ed Joyce</i>	<i>Donna Wells *</i>
<i>Howard Pardue</i>	<i>Jim Wylie *</i>



Donors who give \$1,000 to the Florida Kiwanis Foundation become Ralph Davis Fellows, named in honor of the first Florida Kiwanis Foundation president.

<i>Howard Eisenman</i>
<i>Bob Henderson</i>
<i>Bill Rogers</i>
<i>Larry Spalding</i>
<i>Jim Wylie</i>



*Diamond-level (additional \$1,000/\$1,250 donated)

CCKC Current Projects

Service Projects:

1. **Roadside Clean-Up:** Quarterly, the club picks up trash along a one-mile stretch of Richview Road.
2. **Wheelchair Ramp Build:** In collaboration with Ability First, the club constructs ramps for clients with limited access to their house.
3. **Miracle League:** CCKC, with other Division 3 clubs, Florida Disabled Outdoors Association, local government agencies, business and private organizations and individuals, supports a special athletic field and activities for children and adults with limited abilities.
4. **Pop-Top Tabs/Toiletries:** Beverage can pop-tops and hotel freebies are collected and donated to Ronald McDonald House to help support traveling families of seriously ill or injured children.
5. **Meals-on-Wheels:** Each week a club member delivers meals from Elder Care Services to clients on Route G5.
6. **ECHO Food Drives and Feed-the-Hungry:** Members donate food products for ECHO and once a quarter members provide meal service to the homeless at First Presbyterian Church.
7. **ECHO Support:** CCKC supports children of homeless families in temporary housing at Bethany Apartments through rent assistance.
8. **Ruediger Elementary Terrific Kids Program:** CCKC sponsors recognition and mentoring of outstanding pupils ages 6-1.
9. **Kids Voting:** During general elections, CCKC staffs a booth at a selected precinct to help educate kids on the election process.
10. **SSF Support:** The club partners with the Southern Scholarship Foundation to raise funds through FSU Football Parking and provides financial support for SSF's mission to provide rent-free housing to qualified students.
11. **Ralph Davis Kiwanis House:** CCKC, with other Kiwanis clubs, stocks food shelves and cleans/maintains this Southern Scholarship House.
12. **Diaper Drive:** CCKC donates diapers to Healthy Start and Healthy Families Florida for kids ages infant to 5 years.
13. **Turn About:** CCKC members serve on the board of this private non-profit, family-centered agency providing Child Victim Rapid Response for children who are victims and/or witnesses to violence, and for drug/alcohol rehab for youth and adolescents.
14. **Toy Donations at TMH Pediatric Unit:** CCKC's Kiwanis One Day Project buys and delivers toys to children receiving treatment at Tallahassee Memorial Hospital's Pediatric Unit.
15. **Big Bend Hospice Tree of Remembrance:** Members staff the tree for a day, and shoppers donate to purchase an ornament to place on the tree in memory or in honor of a deceased loved one.
16. **Apples for Teachers:** CCKC and Kiwanis Kids recognize teachers and staff at Ruediger Elementary for their service with apples.
17. **Tales for Tots:** CCKC volunteers read to children at Betton Hills Preparatory School.
18. **Service Leadership Programs:** CCKC sponsors Kiwanis Kids at Ruediger Elementary School; Builders Clubs at Raa Middle School and Woodville Middle School; and Key Clubs at Lincoln, Rickards, and SAIL High Schools.
19. **ReadingPals:** CCKC members volunteer to read one-on-one, for one hour a week, with a student in kindergarten, 1st, or 2nd

grade at a Title One school to inspire and help them to read on grade level when they reach 3rd grade.

20. **Guardian ad Litem:** Club members volunteer their time in this partnership of community advocates and professional staff providing a powerful voice on behalf of Florida's abused and neglected children.

21. **Immunization Coalition:** This partnership of health agencies in Leon and Gadsden Counties, Leon County Schools, and Kiwanis Clubs promotes infant and back-to-school immunizations and flu shots.

22. **Elder Day Stay:** Club members donate items to be used for Bingo prizes at Elder Care Services' Elder Day Stay – a facility that allows a “home away from home” environment with safe, social interaction for seniors.

23. **Veterans Transport:** Club members, through The Disabled American Veterans and Department of Veterans Affairs, volunteer to drive veterans to Lake City and Gainesville VA Clinics for treatment that is not available in Tallahassee.

24. **Dictionaries & Thesauruses:** The club annually provides dictionaries to all 3rd graders at Ruediger, Pineview, Chaires, and Woodville Elementary Schools and thesauruses to students at Raa and Woodville Middle Schools.

Fund-raising Projects:

1. **Football Parking:** Members park cars at the Southern Scholarship Foundation (SSF) parking lot on Stadium Drive during home FSU football games. CCKC splits the proceeds with 70% going to SSF to help provide college scholarships and a portion of the remaining 30% to CCKC to support club projects.
2. **Gourmet Nut Sale:** An annual fund-raiser in which CCKC members sell Gourmet Virginia nuts in a variety of sizes and types of nuts (e.g. peanuts, cashews, chocolate-covered) during Nov-Dec to support club projects.
3. **Pancake Breakfast:** CCKC volunteers cook eggs and pancakes at a local restaurant for breakfast for a modest fee in the first quarter of the year.
4. **Alternative Christmas Market:** An annual fundraiser in early December in which the club mans a booth at Christ Presbyterian Church providing shoppers with items supporting a selected club project, such as the Miracle League, from which they can choose to purchase as donations.
6. **Firecracker 5K Race:** CCKC is continuing the 30-year history of this Kiwanis race, started by the Greensboro Kiwanis Club and always held on the 4th of July. The event also includes a 1 mile fun run/walk.
7. **VIP Pavilion:** Members will serve beer and wine to the VIPs and the general public during the Saturday in the Park Concert Series at Ponce de Leon Park on the first Saturday of the month from April to August.
8. **Bunco:** A fundraiser involving the social dice game for groups of 12-16 players.

Service & Fundraising Information

Pop Top Tabs and Hotel Freebies

Place pop top can tabs and any hotel freebies in the container in the storage cabinet for distribution to Ronald McDonald House. POC: Fred Williams

Meals on Wheels Roster – ROUTE G5

Please place the date of service on your calendars. If for some reason you find that you are unable to deliver the route, try to arrange a swap with another club member.

Please be at Elder Care Services, 2518 W. Tennessee St., by no later than 11:00 on your assigned date. Earlier is better! Remember we have to deliver the meals no later than 12:30 to meet Federal guidelines. Call 245-5932 if you have a conflict. For those of you who are new members, please see Fred Williams for information concerning the meals route. Thanks!

November 5th – Emma Huddleston

November 12th – Cleve White

November 19th – Woody Price

November 26th – Jim Ledbetter

Tales for Tots

Members volunteer to read to students at Betton Hills Preparatory School. See Janet Morgan to volunteer!

November 7th – Jim Wylie

November 13th – Woody Price

November 17th-21st – Nga Nguyen

November 25th – Mickey Moore

Board of Director Meetings

CCKC Board of Directors last met on October 6th. The next meeting is November 3rd. The Foundation Board of Directors last met on October 27th. The CCKC Board meets on the 1st Monday of every month, while the Foundation Board meets on the 3rd Monday of every month, at 5:30 pm at the office of Margaret Lynn Duggar (1018 Thomasville Road). Meeting materials are posted on the CCKC website at www.capitalcitykiwanisclub.com/info.html. Members are encouraged to attend board meetings.

Miracle League Baseball Seminole Showdown – 11/06/14

6:00 PM for children

7:00 PM for adults

Miracle Field

2899 Jackson Bluff Road

Tallahassee, FL 32304

FSU Football Parking

November 8th @ 2:30

Southern Scholarship Foundation

322 Stadium Drive

Tallahassee, FL 32304

Non-4th of July Party

November 9th @ 2:00 - 5:00 PM

Bring a side dish or dessert.

Club provides hamburgers & hot dogs.

Lichgate on High Road

Kiwanis Family Potluck

November 9th @ 3:00 - 6:30 PM

Leon High School Cafeteria

Wheelchair Ramp Build

November 11th @ 8:00 AM

Wakulla Address TBA

Roadside Cleanup

November 15th @ 7:30 AM

The Bada Bean

2500-B Apalachee Pkwy

Tallahassee, FL 32301

If not eating, meet at the DHSMV parking

lot on the corner of Apalachee and

Richview at 8:45 AM

Pack n Play Press Conference

November 17th @ 10:00 AM

Early Learning Coalition

1940 North Monroe Street, #70

Tallahassee, FL 32303

Kiwanis International, District, Division, CCKC Leadership

2014-2015 CCKC Officers

President: Woody Price
President Elect: Amber Tynan
Vice President: Jim Davis
Past President: Bob Henderson
Secretary: Emma Huddleston
Treasurer: Joe Sanders

CCKC Board of Directors

2013-2015:
Don Lanham, Carol McNally, Jennifer Ohlsen
2014-2016:
Tom Morgan, Linda Smith

2014-2015 Division 3

Lt. Governor: Steve Sullivan (Tallahassee)
Lt. Governor-Elect: Jerome Wyche (Madison)
Past Lt. Governor: Heather Locke (Lake Jackson)
Secretary: Sam Kerce (Tallahassee)
Treasurer: Keith Roberts (Lake Jackson)
Florida Foundation Trustee: Jim Wylie (Killlearn)

2014-2015 Florida District

Governor: Chuck Gugliuzza
Governor-Elect: Celia Earle
Past Governor: Matthew Cantrall
<http://www.floridakiwanis.com>

2014-2015 Kiwanis International

President: Dr. John Button
President Elect: Susan Petrisin
Past President: Gunter Gasser
<http://www.kiwanisone.org>

CCKC Datebook

Birthdays

Members are encouraged to give a gift equal to their age to the CCKC Foundation or service projects.

November 12th – Linda Smith

Wedding Anniversary

November 6th – Jim Wylie

November 14th – Cleve White

Membership Anniversary

November 5th – Nathan Dollar (2 years)
Jennifer Ohlsen (2 years)

Coming soon . . .

Program Coordinator:

November – Carol McNally & Jennifer Ohlsen,
Young Children: Priority One

December – Amber Tynan,
CCKC Fundraising Projects

Weekly Greeter:

November – Nathan Dollar
December – Nathan Dollar

Upcoming Speakers:

November 3rd – Katie Ibarra, Chair,
Kids Voting Leon County

November 10th – No Meeting

November 17th – Pam Banks, Program Manager,
Healthy Families Gadsden/Leon



Kiwanis
International

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