

# Capital City Kiwanis Club

Club #5153, Division 3  
Chartered Aug. 31, 1959

Golden Corral, Noon on Monday  
1630 North Monroe Street  
Tallahassee, Florida 32303

# Kiwanis

International



*Kiwanis International is a global organization of members of every age who are dedicated to changing the world, one child and one community at a time.*

## Tales for Tots Reading Program

As part of one of our ongoing volunteer service projects, pictured below **Bruce Gillander** is reading *Green Eggs and Ham* (March 2nd), while **Bill Rogers** held their attention with his story skills (March 7th) at **Betton Hills Preparatory School**.



# Recent Speakers

**February 28th – Bob Henderson**

## “Tallahassee Leon County Community Carbon Fund”

Community Carbon Funds are relatively new, and several are in existence around the U.S. The main focuses of the fund are greenhouse gas reduction and carbon footprint offsets. Greenhouse gases (GHG) absorb the light that is reflected from the Earth and re-radiate it to the Earth, which causes a dangerous global warming effect. Contributing to this greenhouse effect is carbon dioxide, water vapor, and methane. While there are web-based calculators to estimate your carbon footprint, most simple ones use utility usage, vehicle and air travel in their calculations. Bob estimates that the average offset is \$120-\$180 for the average resident. Sustainable Tallahassee is one



Community Carbon Fund program that invests in carbon dioxide reduction or sequestration initiatives, and has several projects: matching grants for GHG reduction projects and solar panel systems, planting trees to filter emissions, conversion prototype projects, and GHG reduction in low-income communities.

**March 7th – Donna Wells**

## “The ELIMINATE Project”



**Donna Wells** began her talk with a video from Kiwanis International that introduces our global fundraising program – The ELIMINATE Project – which teams up Kiwanis with UNICEF to eradicate Maternal and Neo-Natal Tetanus. This is Kiwanis’ second international project, the first being the elimination of Iodine Deficiency Disorder. The goal for this new project is to raise \$110 million in 5 years to stop this disease that affects 129 million people, killing 100,000 mothers and newborns annually in 40 countries. The keys in this drive are education, outreach, and mass immunization drives, which is the ultimate weapon and is 3 doses of a \$0.60 vaccination. What can CCKC do? Educate, advocate,

and raise funds through donation cans that Donna passed out and funds from individual members, which may be matched potentially by club funds. The Florida District is already the leader in Kiwanis International in fundraising for the ELIMINATE Project.

# Prez Sez

## Moved to serve ...

Kiwanians worldwide are known for their civic involvement; specifically - service related to children. CCKC is no different. We are involved in a number of YCPO (Young Children Priority One) projects, as well as other worthy projects that are meaningful to the club and the members who donate their time, talent & treasures for the betterment of the community.

What motivates you? What makes you get involved instead of turning away?

Each of us is in a different “stage” of membership, and continue to be Kiwanians for different reasons.

This has been studied with stages identified:

- Early stage where involvement and learning about the organization is vitally important
- Middle stage where club & district leadership often peak, &
- Later stages where it becomes an identity & friendship reason for involvement.

This leads to the question of why some long-time members still are on fire for the mission of service & Kiwanis. What is it inside some members that makes them face the needs of others rather than turning away?

One idea might be the understanding of what value each of us brings to the table - whether your time, your talent, or your treasure (\$\$\$). My hope for each of you is that you consider your own motivation and embrace it - so it leads to continued action, and the satisfaction that comes in knowing that YOU made a difference.



CCKC, President **Ben Graybar**



## Pancake Breakfast



Capital City & Bradfordville Kiwanis Clubs

Saturday, April 9th 8:00 AM to 10:00 AM

Applebee's 1400 Village Square Blvd

\$7 per person, children under 6 free

# CCKC Social Hour

March 7th CCKC Social Hour at The Wine Loft: **Jim Wylie, Kim Orloff, Jim Ledbetter, Dana Dowling, Bill Rogers, Ben Graybar.** Jessica Lowe-Minor and Rick Minor aren't pictured, not that we don't like them, but because they were late for the festivities.



**PCI**  
JIM WYLIE

**E** Enhanced **E** Financial  
Services

**Howard Eisenman**



## LEADERSHIP TALLAHASSEE

A DIVISION OF THE GREATER TALLAHASSEE CHAMBER OF COMMERCE

At the February 28th and March 7th club meetings, President Ben Graybar encouraged members to sign up for Leadership Tallahassee, a division of the Greater Tallahassee Chamber of Commerce. The deadline for Class 29 is April 8th. “Leadership Tallahassee’s mission is to cultivate a diverse network of emerging and experienced leaders committed to improving the community. The organization offers leadership opportunities and programs for professionals, college students, high-school juniors and community newcomers.”

According to their website:

Leadership Tallahassee (LT) began in 1983 as a year-long educational program for adults. It was designed to facilitate opportunities for interaction with established community leaders, all for the purpose of strengthening their bond to the community. The initial program consisted of 28 participants selected from the community at large. They met monthly to learn more about the community through panel discussions and hands-on experiences. In subsequent years, a more formal selection process was added to strengthen the make-up of each class assuring diversity along the lines of gender, age, race, ethnicity, profession and interests. Class-size continued to be limited and commitment to the program remained a top priority.

Leadership Tallahassee also offers a Building Better Boards program, “a training seminar for novice and veteran board members, as well as agency staff/professionals. Sessions have included information on the roles and responsibilities of board members and board chairmen, fundraising tips, legal obligations of boards and board members, governance and strategic planning.”

# Service & Fundraising Information

## Pop Top Tabs and Hotel Freebies

Place pop top can tabs and any hotel freebies in the container in the storage cabinet or distribution to Ronald McDonald House. POC: Bob Henderson

## Meals on Wheels Roster – ROUTE G5

Please place the date of service on your calendars. If for some reason you find that you are unable to deliver the route, try to arrange a swap with another club member.

Please be at Elder Care Services, 2518 W. Tennessee St., by no later than 11:00 on your assigned date. Earlier is better! Remember we have to deliver the meals no later than 12:30 to meet Federal guidelines. Call 245-5932 if you have a conflict. For those of you who are new members, please see Fred Williams for information concerning the meals route. Thanks!

March 16th – Bob Henderson

March 23rd – Frank Bach

March 30th – Tom Duggar

## Tales for Tots

Volunteer Reader Schedule

March 16th – Jim Ledbetter

Week of March 28th – OPEN

April 4th – Bill Rogers

April 11th – Jim Wylie

April 18th – Fred Williams

## Kiwanis One Day Project

TMH Pediatric Unit Toy Delivery

Saturday, April 2nd, Time- TBA

## Capital City and Bradfordville Clubs Pancake Breakfast

April 9th, 8:00 AM to 10:00 AM

Applebee's - 1400 Village Square Blvd.

Tallahassee, FL 32308

## Miracle League Events

### FDOA Miracle League Kickball Game

Saturday, April 9th 1:00 - 3:00

Miracle Field at Messer Park

### Miracle League Opening Night

Friday, March 25th

Miracle Field at Messer Park

## SSF Education for Life 5K Race

Sunday, April 10th 3:30 – 5:00

FSU College of Medicine

## Lincoln Key Club ECHO Fundraiser

6 on 6 Soccer Tournament

Saturday, April 16th 12:00 – 3:00

Lincoln High School

## Board Meetings

The CCKC Board of Directors last met on March 7th. The next meeting is April 4th. The board meets on the first Monday of every month, 5:30 P.M. at Margaret Lynn Duggar's office, 1018 Thomasville Road (the rear of the Monticello Office building). Meeting minutes are posted on the CCKC web site. Members are encouraged to attend BOD meetings.



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## Kiwanis International, District, Division, CCKC Leadership & Information

**2010 — 2011**

### **CCKC Officers and Board of Directors**

President: Ben Graybar

President - Elect: Jim Ledbetter

Vice President: Dana Dowling

Past President: Larry Chambers

Treasurer: Joe Sanders

Secretary: Donna Wells

Board of Directors:

2009-2011: Judy Chambers, Mickey Moore,  
Janet Morgan, Bill Rogers

2010-2012: David Johnson, Kim Ortloff,  
Cleve White

**2010-2011**

### **Division 3**

Lt. Governor: K. Scott Whitehead (Havana)

Lt. Governor-Elect: Tommy Mills (Killearn)

Past Lt. Governor: Donna Wells (CCKC)

Secretary: Donna Wells (CCKC)

Treasurer: Bob Henderson (CCKC)

Florida Foundation Trustee: Larry Spalding (CCKC)

Division 3 Theme: We Serve Children

<http://www.killearnkiwanis.org/divisiii.html>

**2010-2011**

### **Florida District**

District Governor: Thomas Ramiccio

Governor-Elect: Eddie Lee

Past Governor: Donna Parton

Florida District Theme: Time to Serve

<http://www.floridakiwanis.com>

**2010-2011**

### **Kiwanis International**

President: Sylvester Neal

President Elect: A. Alan Penn

Past President: Paul G. Palazzolo

Kiwanis International Theme: Year of the Fire

<http://www.kiwanis.org>

## CCKC Datebook

### **Birthdays**

Members are encouraged to give a gift equal to their age to the CCKC Foundation or service projects.

March 18th – Tom Duggar

March 18th – Rose Patterson

March 24th – Frank Bach

### **Wedding Anniversary**

March 19th – Larry Spalding

March 21st – Ev Anderson

### **Kiwanis Membership**

March 14th – Bill Rogers (22 years)

March 18th – Howard Eisenman (15 years)

### **Coming soon . . .**

#### **Program Coordinator:**

March – Bruce Gillander

April – Fred Williams

May – Early Harris

#### **Weekly Greeter:**

March – Kim Ortloff & Dana Dowling

April – Early Harris

May – Ev Anderson

#### **Speakers:**

#### **March theme is international FSU students**

March 14th – Pakistan

Mudasser is on a US Department of State scholarship

March 21st – France

Ines is a degree-seeking undergraduate student

March 28th – Kazakhstan

Maya is a Fulbright Scholar and English teacher.

# Current CCKC Projects

**1. Roadside Clean-up/Highway Beautification:** Quarterly, the club goes out for about 2 hours on a weekend to pick up trash along a dedicated two-mile stretch of U.S. 90 about two miles northeast of I-10.

**2. Handicap Ramp Building:** At the request of and in collaboration with Ability First, the club constructs ramps for disabled or senior clients with limited access to their house.

**3. Miracle League:** CCKC, with other Kiwanis Clubs in Division 3, Florida Disabled Outdoors Association, local government agencies, business and private organizations and individuals, supports a special athletic field and activities for children and adults with limited abilities at Messer Field.

**4. Ronald McDonald House Pop-Top Tabs/Toiletries:** Soda, beer and juice can pop-tops and hotel freebies such as soap, shampoo, etc. are collected and donated to Ronald McDonald House to help support traveling families of seriously ill or injured children in hospitals.

**5. Meals-on-Wheels:** Each week a club member(s) delivers meals from Elder Care Services to about 10 clients on Route G5.

**6. ECHO Food Drives and Feed-the-Hungry:** Annually members donate food products for ECHO and once a quarter members provide meal service to the homeless on weekends at First Presbyterian Church.

**7. Bethany Apartments Support:** CCKC supports children of homeless families in temporary housing at Bethany Apartments, including funding, clothing, kitchen utensils, furniture, playground cleanup and maintenance.

**8. Bethany Kids Christmas/Easter Parties:** CCKC, with the Moose Lodge, provides dinner, Christmas stockings and presents with Santa for the kids. CCKC also provides Easter baskets, an egg hunt, and games for the kids at Easter.

**9. Kids School Dictionaries:** The club annually provides dictionaries to all 3rd graders at Ruediger, Pineview, Chaires, and Woodville Elementary Schools.

**10. Ruediger Elementary Terrific Kids Program:** CCKC sponsors recognition and mentoring of outstanding pupils ages 6-11.

**11. Kids Voting:** During general elections, CCKC mans a booth at a selected precinct to help educate kids on the election process.

**12. SSF College Scholarships:** The club provides 60% of its profits from Football Parking proceeds to the Southern Scholarship Foundation (SSF) to help provide college scholarships for needy qualified students and funds one student scholarship directly.

**13. Ralph Davis Kiwanis House:** CCKC, with other Kiwanis clubs, stocks food shelves in January and cleans/maintains this Southern Scholarship House in September.

**14. Turn About:** CCKC members serve on the board of this private non-profit, family-centered agency providing Child Victim Rapid Response for children who are victims and/or witnesses to violence, and for drug/alcohol rehab for youth and adolescents.

**15. Salvation Army Sharing Tree:** CCKC mans the tree at Governor's Square for a day during Christmas holidays; shoppers pick a name and purchase items needed/wanted by needy children for gifts.

**16. Big Bend Hospice Tree of Remembrance:** Members staff the tree for a day, and shoppers donate to purchase an ornament to place on the tree in memory or in honor of a deceased loved one.

**17. Lifeline:** Members volunteer through Tallahassee Memorial HealthCare Lifeline Services program to install a button-activated emergency services summoning device so those who live alone or have restricted mobility can feel secure in knowing they can summon help when needed.

**18. Soldier Care Packages:** CCKC periodically sends several packages/backpacks with personal care items to deployed US combat troops.

**19. Apples for Teachers:** CCKC, Kiwanis Kids and Key Clubs recognize teachers and staff at Ruediger Elementary for their service with apples once a year.

**20. Tales for Tots:** CCKC donates new and "gently loved" books to kids, infants to 5 years old, volunteers to read the books to them, and then gives them the books to keep in order to encourage them to read.

**21. Diaper Drive:** In January and June, CCKC donates diapers to Healthy Start for kids ages infant to 5 years.

**22. Service Leadership Programs:** CCKC sponsors Kiwanis Kids at Ruediger Elementary School, Builders Club at Griffin Middle School, and Key Club at Lincoln and Rickards High Schools.

## Fund-raising Projects:

**1. Football Parking:** Members park cars at the Southern Scholarship Foundation (SSF) parking lot on Stadium Drive during home FSU football games. CCKC splits the proceeds with 60% going to SSF to help provide college scholarships to needy kids and 40% to CCKC to support club projects.

**2. Vidalia Onion Sale:** An annual fund-raiser in which CCKC members sell Vidalia Onions from Georgia in various package configurations during the spring and summer to support club projects.

**3. Gourmet Nut Sale:** An annual fund-raiser in which CCKC members sell Gourmet Virginia nuts in a variety of sizes and types of nuts (e.g. peanuts, cashews, chocolate-covered) during Nov-Dec to support club projects.

**4. Pancake Breakfast:** CCKC volunteers cook eggs and pancakes at a local restaurant for breakfast for a modest fee in the first quarter of the year.

**5. Alternative Christmas Market:** An annual fund-raiser in early December in which the club mans a booth at Christ Presbyterian Church on Banner Road providing shoppers with items supporting a selected club project, such as the Miracle League, from which they can choose to purchase as donations. Proceeds are donated to the CCKC Foundation.