

Capital City Kiwanis Club

Golden Corral

1630 North Monroe Street

Tallahassee, Florida 32303

12:00 noon each Monday



Club #5153, Division 3

Chartered August 31, 1959

Club Weekly Greeters:

March - Kim Ortloff

April- TBA



Prez Sez

I have developed two pneumatic devices to help members understand what they bring to Kiwanis and what they might be getting out of service in Kiwanis. All members have 3 things (T3) to offer Kiwanis--Time, Talents, and Treasure. We each have these in varying quantities, i.e. some have a lot of time and maybe not so much talent or money; others may be very talented without a lot of time or money; still others may be rich, talented and have time to contribute. Each member, contributing as much of their T3 as they can, individually and collectively can Make a Difference (MAD). Helen Keller once said, "I am only one; but I am still one. I cannot do everything, but still I can do something; and I refuse not do that something," which is a great segue into the Starfish Story. I reduced the above to a simple formula that is easy to remember: T3 = MAD (Time, Talents, and Treasure = Making a Difference).

A similar formula explains what benefits members might expect to receive from contributing their T3 to Kiwanis service. By investing their T3 in Kiwanis service, members will receive in direct proportion SAFE (Satisfaction, Achievement, Fellowship, and Enduring Friendships)--thus the formula: T3 ⇔ SAFE. It is a mutually beneficial relationship between members and Kiwanis.

LARRY CHAMBERS, CCKC PRESIDENT



Ben Graybar and Dave Liddell



Ben, Larry S., Gov. Donna, Jim W. & Jim L.

Zone 2 Conference:

At the Zone 2 Conference (Divisions 3,4,5,6) in Lake City on February 27th, CCKC racked up the awards for 2008-09: Club Bulletin - 1st place (Blue Division), Membership Growth +10, Caring Corner, Distinguished Club, Distinguished President, and Distinguished Secretary. We also were given a newly established Nothing But Net Award for a +8 membership growth for the current year thus far. Governor Donna kicked off the day's activities with an inspirational video, *Celebrate What's Right With the World*. Ben Graybar, Larry Spalding, Jim Wylie, and Jim Ledbetter each attended some great workshops to help improve the club. All in all, a great day for CCKC and a very educational experience...We even got a picture of us with Gov. Donna.

Service & Fundraising Information

Kiwanis International, District, Division, CCKC Leadership, & Information

Board Meetings

The CCKC Board of Directors last met on March 1, 2010. The next meeting is April 5, 2010. The board meets on the first Monday of every month, 5:30 P.M. at Margaret Lynn Duggar's office, 1018 Thomasville Road (the rear of the Monticello Office building). Meeting minutes are posted on the CCKC website. Members are encouraged to attend BOD meetings.

Florida District Governor's Dinner

March 22, 2010 Golden Eagle Country Club, Tallahassee

Division 3 Council Quarterly Meeting

Quarterly meetings are held on the second Monday of each quarter. Next Division meeting will be 12 April 2010 at Fellowship Baptist Church at 7PM, Fellowship Hall, 3705 North Monroe. Members are encouraged to attend District meetings.

CCKC Newsletter

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March 8 2010

SERVICE OPPORTUNITIES

Pop Top Tabs and Hotel Freebies

Place pop top can tabs and any Hotel freebies in the container in the storage cabinet for distribution to Ronald McDonald House. POC: Bob Henderson

Tales for Tots

CCKC will be collecting books for tots ages infant to 5 yrs. Volunteers will be needed to read to kids. POC: Janet Morgan

Meals on Wheels Roster – ROUTE G5

Volunteers, if you are unable to deliver the route, try to arrange a swap with another club member or call Fred Williams.

Please be at Elder Care Services, 2518 W. Tennessee St, no later than 11AM. Earlier is better! Remember we have to deliver the meals no later than 12:30 to meet Federal guidelines.

March 10	Dana Dowling	414-8389
March 17	Tom Duggar	599-1543
Back-Up	Fred Williams	245-5932

Miracle League Season Kick-off

March 25th, 2010 6pm
Messer Park Miracle Field

ECHO Feed the Hungry

March 28th, 2010 11:40am
First Presbyterian Church

Meeting Guests

March 1st Meeting

Guest	Member
Luisa Gillander	Bruce Gillander

Upcoming Meeting Speakers

March 15 -- Patrick Dieter, "The Importance of Renewable Energy"

March 22 -- Florida Kiwanis District Governor Donna Parton (meeting at Golden Eagle CC)

March 29 -- Demi Fox, Florida Wildlife Commission, "Protecting the Florida Brown Bear"

2009—2010

CCKC Officers and Board of Directors

President: Larry Chambers
President - Elect: Ben Graybar
Vice President: Bill Whitney
Past President: Dr Fred Williams
Treasurer: Joe Sanders
Secretary: Donna Wells
Board of Directors:
2008-2010: Tom King, Tom Duggar,
David Johnson
2009-2011: Judy Chambers, Jim Ledbetter,
Robbie Sharp, Bill Rogers

2009—2010 Division 3

Lt. Governor: Donna Wells (CCKC)
Lt Governor-Elect: K. Scott Whitehead (Havana)
Past President: Keith Roberts (Lake Jackson)
Secretary: Judy Chambers (CCKC)
Treasurer: Bob Henderson (CCKC)
Florida Foundation Trustee: Larry Spalding (CCKC)
Division 3 Theme: We Serve Children
<http://www.killlearnkiwanis.org/divisiii.html>

2009—2010 Florida District

District Governor: Donna Parton
Governor-Elect: Sylvester (Syl) Neal
http://www.floridakiwanis.com/index_.htm

2009-2010 Kiwanis International

President: Paul G. Palazzolo
Website: <http://www.kiwanis.org>

Birthdays

Members are encouraged to give a gift equal to their age to the CCKC Foundation or service projects.

March 18- Tom Duggar

March 18- Rose Patterson

Wedding Anniversaries

March 19- Larry Spalding

March 21- Ev Anderson

Kiwanis Membership

March 9th - Lewis Johnson

March 14th - Bill Rogers

March 17th - Bill Whitney

March 18th - Howard Eisenman

Missy Atkinson – LCS Teacher of the Year

Missy Atkinson, wife of **Tim Atkinson**, was named Leon County Teacher of the Year on February 22nd. She is a science teacher at Deerlake Middle School and has taught within the district for 22 years, first at Godby High and then Deerlake since 1999. She will interview for the state teacher of the year, which will be awarded in July. Congratulations and good luck, Missy!



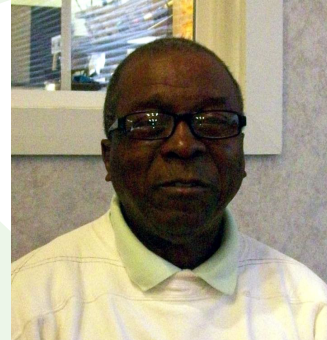
The Atkinson Family at her award presentation

Have you met . . .

Cleve White was born in Tallahassee. At an early age, his family moved to New Jersey. After high school, he enlisted in the Army, serving two years in Tokyo, Japan. While in college, he met the love of his life – Janet. They have three boys and one girl.

Cleve retired from the United States Postal Service as the assistant to the Postmaster for delivery. After relocating to Tallahassee, he has been involved in volunteer work, including the American Red Cross.

Cleve's passion is playing golf, and he also enjoys walking. His favorite sports teams are the New York Yankees, New York Giants, and the Boston Celtics.



Jessica Lowe-Minor is a native Floridian who moved to Tallahassee in 2001 to attend FSU. As an undergraduate she studied Theatre, but she is now completing a Ph.D. in Women's Studies through the Program in Interdisciplinary Humanities. Professionally, she has worked as an instructor at both FSU and TCC, and she has also lobbied on behalf of several women's organizations at the Capitol.

Last October, Jessica married Rick Minor and the two merged their pet-laden households. Jessica is a lifelong equine enthusiast and enjoys riding and showing her two horses, Devo and Jett. She also has a border collie, Hero, who has learned to appreciate Rick's two cats, Oyster and Coquina. When not working or riding, Jessica loves to read, watch movies, and spend time with her husband. Both she and Rick are outdoor types, and they enjoy hiking, snorkeling, and sailing together when they can. Jessica also loves to cook and bake, so she is constantly looking for new vegetarian recipes to try out.

Current CCKC Projects

Service Projects:

1. **Roadside Clean-up/Highway Beautification:** Once a quarter, the club goes out for about 2 hours on a weekend to pick up trash along a dedicated two-mile stretch of U.S. 90 about two miles northeast of I-10.
2. **Handicap Ramp Building:** At the request of and in collaboration with Ability First, the club constructs ramps for disabled or senior clients with limited access to their house.
3. **Miracle League:** CCKC, with other Kiwanis Clubs in Division 3, Florida Disabled Outdoors Association, local government agencies, business and private organizations and individuals, supports a special athletic field and activities for disabled kids and adults at Messer Field.
4. **Ronald McDonald House Pop-Top Tabs/Toiletries:** Soda, beer and juice can pop-tops and hotel freebies such as soap, shampoo, etc. are collected and donated to Ronald McDonald House to help support traveling families of seriously ill or injured children in hospitals.
5. **Meals-on-Wheels:** Each week a club member(s) delivers meals from Elder Care Services to about 10 clients on Route G5.
6. **ECHO Food Drives and Feed-the-Hungry:** Annually members donate food products for ECHO and once a quarter members provide meal service to the homeless on weekends at First Presbyterian Church.
7. **Bethany Apartments Support:** CCKC supports children of homeless families in temporary housing at Bethany Apartments, including fund ing, clothing, kitchen utensils, furniture, playground cleanup and maintenance.
8. **Bethany Apartments Back-to-School Support:** Club gives school supplies and backpacks to kids 5-12 years old in August.
9. **Bethany Kids Christmas/Easter Parties:** CCKC, with the Moose Lodge, provides dinner, Christmas stockings and presents with Santa for the kids. CCKC also provides Easter baskets, an egg hunt, and games for the kids at Easter.
10. **Bethany Kids to FSU Circus:** CCKC takes underprivileged kids from homeless families in temporary housing at Bethany Apartments to the annual FSU Circus in April.
11. **Santa Calls:** CCKC mans telephones at Christmas to answer requests to Santa from children ages 2-5.
12. **Kids School Dictionaries:** The club annually provides dictionaries to all 3d graders at Ruediger, Chaires, and Woodville Elementary Schools.
13. **Ruediger Elementary Terrific Kids Program:** CCKC sponsors recognition and mentoring of outstanding pupils ages 6-11.
14. **Kids Voting:** During general elections, CCKC mans a booth at a selected precinct to help educate kids on the election process.
15. **SSF College Scholarships:** The club provides 60% of its profits from Football Parking proceeds to the Southern Scholarship Foundation (SSF) to help provide college scholarships for needy qualified students and funds one student scholarship directly.
16. **FSU School of Music Scholarship:** In 1995 CCKC donated \$10K to FSU Foundation to help fund annual piano scholarships for music students.

17. **Ralph Davis Kiwanis House:** CCKC, with other Kiwanis clubs, stocks food shelves in January and cleans/maintains this Southern Scholarship House in September.

18. **Turn About:** CCKC donates staff time and finances to help defray operating expenses for this private non-profit, family-centered agency providing Child Victim Rapid Response for children who are victims and/or witnesses to violence, and for drug/alcohol rehab for youth and adolescents.

19. **Salvation Army Sharing Tree:** CCKC mans the tree at Governor's Square for a day during Christmas holidays; shoppers pick a name and purchase items needed/wanted by needy children for gifts.

20. **Big Bend Hospice Tree of Remembrance:** Members staff the tree for a day, and shoppers donate to purchase an ornament to place on the tree in memory or in honor of a deceased loved one.

21. **Lifeline:** Members volunteer through Tallahassee Memorial HealthCare Lifeline Services program to install a button-activated emergency services summoning device so those who live alone or have restricted mobility can feel secure in knowing they can summon help when needed.

22. **Soldier Care Packages:** CCKC periodically sends several packages/backpacks with personal care items to deployed US combat troops.

23. **Special Kids Blood Bank:** CCKC volunteers donate blood to the Southeastern Community Blood Bank on Riggins Road to support kids with special needs.

24. **Apples for Teachers:** CCKC, Kiwanis Kids and Key Clubs recognize teachers at Ruediger, Rickards, Lincoln for their service with apples twice/year.

25. **Tales for Tots:** CCKC donates new and "gently loved" books to kids, infants to 5 years old, volunteers to read the books to them, and then gives them the books to keep in order to encourage them to read.

26. **Diaper Drive:** In January and June, CCKC donates diapers to Healthy Start for kids ages infant to 5 years.

27. **Service Leadership Programs:** CCKC sponsors Kiwanis Kids at Ruediger Elementary School, Builders Club at Griffin Middle School, and Key Club at Lincoln and Rickards High Schools.

Fundraising Projects:

1. **Football Parking:** Members park cars at the Southern Scholarship Foundation (SSF) parking lot on Stadium Drive during home FSU football games. CCKC splits the proceeds with 60% going to SSF to help provide college scholarships to needy kids and 40% to CCKC to support club projects.

2. **Vidalia Onion Sale:** An annual fund-raiser in which CCKC members sell Vidalia Onions from Georgia in various package configurations during the spring and summer to support club projects.

3. **Gourmet Nut Sale:** An annual fund-raiser in which CCKC members sell Gourmet Virginia nuts in a variety of sizes and types of nuts (e.g. peanuts, cashews, chocolate-covered) during Nov-Dec to support club projects.

4. **Pancake Breakfast:** CCKC volunteers cook eggs and pancakes at a local restaurant for breakfast for a modest fee in the first quarter of the year.

5. **Alternative Christmas Market:** An annual fund-raiser in early December in which the club mans a booth at Christ Presbyterian Church on Bannerman Road providing shoppers with items supporting a selected club project, such as the Miracle League, from which they can choose to purchase as donations. Proceeds are donated to the CCKC Foundation.